

Twenty Questions for Mentoring

Life on Life Spiritual Mentoring

Call it Mentoring. Call it Discipleship. The labels are interchangeable and negotiable. Yet what isn't negotiable is the fact that such relationships are life-giving and essential for spiritual growth and maturity. Where to start? First, pray and ask God to lead you to someone that you can invest your life with and that would be willing to take some steps together in the discipleship process. These twenty questions provide a self-assessment and are particularly designed to address specific key areas in a person's spiritual life and to help you discover how one is doing in these areas. They also allow each of you in the relationship to share what you are learning and how you are growing in each of these key areas.

1. Where have you seen God @ work in your life this week? (Psalm 66:5)
2. What spiritual disciplines have you practiced this week? Have you practiced the discipline of self-denial? (Luke 9:23)
3. What has God been teaching you from His Word in your daily devotional time? Is there a specific promise from God's Word that you are clinging to or claiming today? (II Peter 1:4)
4. On a scale of 1-10 (ten being the highest) How would you describe your spiritual health this week? (3 John 1:2)
5. Are there any "next steps" of obedience that you sense God is leading you to take? (I Peter 1:2)
6. Are there any areas of temptation or spiritual attack that you are currently struggling with this week? (I Cor. 10:13)
7. Who and what are you praying for at this moment? Have you seen any specific answers to prayer this week? (James 5:16)
8. Have you had the chance to talk about Christ to anyone this week & how? Did you see any fruit from sharing your faith? (Acts 1:8)
9. How have you served the Lord this week? (Josh. 24:15)
10. How have you practiced the Great Commandment (Mt. 22:36-40) and the Golden Rule (Mt. 7:12) this week?
11. What are you reading that is impacting your spiritual journey?
12. What are you believing God to do in and through your life at this moment? (Rom. 4:18-20)
13. How are you exercising your faith into action? (II Cor. 5:7) (James 2:17,22)
14. Are there any difficult circumstances that you are going through at this moment and what do you think God is trying to teach you through it? (Phil 4:12)
15. Do you have any specific spiritual ambitions that you hope to accomplish this week? (Rom. 15:20 NIV)
16. Are you living at peace with your family, friends & acquaintances? (Rom. 12:18)
17. Have you taken the time to encourage someone this week? How? (Heb. 3:13)
18. How are you engaging in the Great Commission? (Matt. 28:19-20)
19. Have you been honoring the Lord with the financial resources that He has entrusted you with this week? (Prov. 3:9-10)
20. How can I be praying for you and for your family this coming week? (Luke 22:32)



